

happily scavenger hunt

Keeping our children engaged while social distancing takes a bit more creativity. Hiking and biking are excellent options for exercise, or simply explore your backyard to get some fresh air. Scavenger hunts are a great way to make such activities goal-oriented and add an extra layer of fun. For those stuck in your homes, indoor scavenger hunts can be equally stimulating

hunting

We compiled an easy scavenger hunt for a stroller run in the recent blog, [Running For Fun With Kids](#). As we pointed out in the article, adding fun to your exercise regimen is a good building block for your children, and creating achievable goals to pursue along the way helps to motivate you to push further. Here are a few ideas to add to your personalized hunt.

 <p>A Blue Car</p>	 <p>The Number 3</p>	 <p>A Yellow Dog</p>	 <p>A Flag</p>
 <p>A Flower</p>	 <p>Animal Crossing Sign</p>	 <p>A Wild Animal</p>	 <p>Street Sign with a Person's Name</p>
 <p>A Pine Cone</p>	 <p>A Fence</p>	<p>_____ your pick*</p>	<p>_____ your pick*</p>

* Draw your favorite find in the box

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hiking

 <p>Tree Stump or Fallen Tree</p>	 <p>An Ant</p>	 <p>A Squirrel</p>	 <p>A Colorful Bird</p>
 <p>A Hole in a Leaf</p>	 <p>A Worm</p>	 <p>A Wildflower</p>	 <p>Caterpillar or Butterfly</p>
 <p>A Nest Up in a Tree</p>	 <p>A Perfect Sized Walking Stick</p>	<p>_____ your pick</p>	<p>_____ your pick</p>

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outside @ home

A Rock that Sparkles	A Spider Web	Something That Fell Off a Tree/Bush	A Forgotten Toy
Something Round	An Ant	A Decoration	Something That Starts With the Letter G
Different Leaves	A Clover	_____ your pick	_____ your pick

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inside @ home

After collecting all these items, keep the game going by arranging them all on a tray and letting the kids “memorize” the items. Then cover them in a scarf or dish towel and take them from the room before removing an item out of view. Return with the tray and see if they can figure out what is missing. Keep going until they can identify the missing item!

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